

Full schedule

## Movement Conference

5-7 October 2018, Almere – Netherlands

Friday 5 October

8:00 – 8:30	Registration	
8:30 – 9:30	<b>Movement Symposium Overview</b> <b>Foundational Principles and Objectives</b>	Dr. Brett Winchester
9:30 – 9:45	Break	
9:45 – 10:45	<b>Pelvic girdle pain: Diagnosis and Treatment</b>	Prof. Andry Vleeming
10:45 – 11:00	Break	
11:00 – 12:00	<b>The Movement of Functional Medicine</b> <b>Introduction to Functional Medicine and it's role in Musculoskeletal Care</b>	Dr. Rebecca Furlano
12:00 – 13:30	Lunch	
13:30 – 14:30	<b>Understanding the Spine</b>	Prof. Andry Vleeming
14:30 – 14:45	Break	
14:45 – 15:45	<b>Classifications of Low Back Pain: A Functional Medicine Perspective</b>	Dr. Rebecca Furlano
15:45 – 16:00	Break	
16:00 – 17:00	<b>Pain Science and Patient Classification</b> <i>Who is a Functional Medicine Candidate?</i>	Dr. Rebecca Furlano
17:00 – 18:00	Q & A	

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Saturday 6 October

8:30 – 9:30	<b>Introduction to Dynamic Neuromuscular Stabilization</b>	Prof. Pavel Kolar & Prof. Alena Kobesova
9:30 – 9:45	Break	
9:45 – 10:45	<b>Stabilization</b> <b>A Brief History and its Role in Human Movement</b>	Dr. Brett Winchester
10:45 – 11:00	Break	
11:00 – 12:00	<b>There is no such thing as non-specific back pain: there is a cause</b>	Prof. Stuart McGill
12:00 – 13:30	Lunch	
13:30 – 14:30	<b>A new study on the lumbar spine</b>	Prof. Andry Vleeming
14:30 – 14:45	Break	
14:45 – 15:45	<b>Postural Dysfunction Driving Movement Disturbances in Athletes</b>	Prof. Pavel Kolar & Prof. Alena Kobesova
15:45 – 16:00	Break	
16:00 – 17:00	<b>The Athletic Patient</b> – live patient demo	Prof. Pavel Kolar
17:00 – 18:00	<b>All on stage Q &amp; A / Discussion</b>	

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Sunday 7 October

8:30 – 9:30	<b>Joint Geometrical Parameters</b> <b>The Basis of Human Movement and Origin of Orthopedic Problems</b>	Prof. Pavel Kolar & Prof. Alena Kobesova
9:30 – 9:45	Break	
9:45 – 10:45	<b>Low Back Pained patient</b> – live patient demo	Prof. Pavel Kolar
10:45 – 11:00	Break	
11:00 – 12:00	<b>Enhancing performance in the back pained athlete</b>	Prof. Stuart McGill
12:00 – 13:30	Lunch	
13:30 – 15:00	<b>Assessment of back pained patients to obtain an understanding of the mechanism</b> – live patient demo	Prof. Stuart McGill
15:00 – 15:15	Break	
15:15 – 16:15	<b>Manipulation</b> <b>An Update and Where Does it Fit in Treatment of Low Back Pain?</b>	Dr. Brett Winchester
16:15 – 17:15	<b>Q &amp; A / Discussion</b>	